# Care.coach AVATAR FEATURES



The Avatar is a digital companion that offers conversation, games, jokes, and music. It's also a helpful sidekick, providing access to information and connecting you to your loved ones and care team. The Avatar is managed by a team of professionals who can hear and see you when the Avatar is awake and can notify your care team of needs that arise.

# Uses

- Health Coaching
- Group Activities
- Conversations
- Video Visit Calls
- Personal Assistant
- Entertainment









# **Main Features**



#### Video Viewing

Watch video clips of blooper reels, animals, music videos and more!



#### Games

Play Bingo, Jeopardy, Choose your own adventure, Scrabble, and more!



## Conversation

Have talks about the day, make jokes, and learn fun facts.



#### News

Hear about the weather, daily news, and local events.



#### Audiobooks

Listen to various book genres like poetry, nonfiction, fantasy, and more.



#### Music

Ask to listen to any music genre, like folk, pop, country, rock, jazz and more!

#### Reminders

Photos



Set up daily reminders for medication, appointments, or events.



Show pictures of family, friends, or look up online images.

#### Meditation

Initiate sessions of meditation, daily prayer or recite psalms.



#### Health

Try new workout routines, start a new diet or have help with a health coach.





# **Activities and Features**



#### Games

A Knight's Tale Animal kingdom **BINGO - Bible** BINGO (Bring your own card) BINGO, Autumn Blackjack Card Shark Clue Crossword scrabble puzzle Dungeon Crawl Intro Facts about Dean Martin Facts about Pedro Infante (SPANISH) Fall Mad Libs Fishing Guess landmark and location Guess the movie Guess the Movies That Made These Quotes Famous Guess the song BEGINNING Guess the Word Part1 Hot Potato Jeopardy Jumanii Jurassic Park Magic 8 ball Memory Card Movie Detective Quiz Origami Pick A Card Scrabble Sorting Hat STOP (Intro) The Price is Right Tower of Riddles Trivia, Human Body Trivia, TV show Bonanza Trivia, Tv show El chavo del 8 (SPANISH) Two Truths and a Lie (Start) Wheel of Fortune Stroll in the forest

#### Music

Contemporary
Funk
Electronic
Folk
Нір Нор
R&B
Soul
Disco
Indie

### **Audiobooks**

The Bible Folklore **Fiction novels** Theatre Romance novels Western Fantasy novels Adventure Mystery novels Science Fiction Nonfiction works **Historical Fiction** Poetry Prose

## **Meditation/Spirituality**

Guided meditation Bible study Praver Mantras **Psalm readings** Spiritual meditation

#### Health

- Yoga Stretches Exercise routines Health coaching Dietary assistance Workouts Hygiene reminders Exercise tips
- Health tracker Breathing exercises Warmup routines Nutrition info Recipe suggestions Medication reminders Appointment reminders **Emergency** calls

Don't see something on the list? Contact us and ask!

support@care.coach



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